

# TOASTMASTERS INTERNATIONAL NEWSLETTER

# **Dayton Road Club News And Events**

#### 3595 Dayton Road

December - 2015

#### **INSIDE THIS ISSUE**

Distinguished Club FOSH Awareness Social Night at Olde Maine Celebrating "10<sup>th</sup>" Speech Introduction of New Member

# \*Save the date\* Division D Spring Conference-

Officers Training January 9, 2016 – 9:30 Ames Public Library

#### **An Informative Speech**

Laura's speech # 9 was one that our members will not soon forget. She brought to our attention the charitable organization "FOSH" which is helping to increase public attention to "soring" of horses. "Soring" is what some trainers of Tennessee Walking Horse use to help train the horses for show. "Soring" is cruel and needs to be brought to the attention of the public. Check out

Http://www.fosh.info to find out more. To help spread the word, write your Senators to insist on the enforcement of the Horse Protection Act.



Friends of Sound Horses, Inc.

A Charitable, non-profit 501 (c) (3) non-voting member organization



## **Becoming a Distinguished Toastmasters Club**

#### Vicki Feldman

We, as toastmasters strive to become better communicators and better leaders. The Distinguished Club Program helps us to achieve our goals for communication and leadership. The Distinguished Club Program is an annual program, running from July 1 through June 30. The program consists of 10 goals your club should strive to achieve during this time. Toastmasters International tracks the progress of your club toward these goals throughout the year and updated reports are posted daily on the Toastmasters International website at

www.toastmasters.org/distinguishedperformancereports. At year-end, Toastmasters International calculates the number of goals the club met and recognizes those who earned Distinguished Club, Select Distinguished Club and President's Distinguished Club recognition, based on the number of goals achieved and the number of members it has.

#### **Education**

- 1. Two Competent Communicator (CC) awards Completed
- 2. Two more CC awards Completed
- 3. One Advanced Communicator Bronze (ACB), Advanced Communicator Silver (ACS), or Advanced Communicator Gold (ACG) award **Need**
- 4. One more ACB, ACS, or ACG award Need
- 5. One Competent Leader (CL), Advanced Leader Bronze (ALB), Advanced Leader Silver (ALS), or Distinguished Toastmaster (DTM) award **Need**
- One more CL, ALB, ALS, or DTM award Need Membership

#### 7. Four new members - Need 3 More

- 8. Four more new members Need 4 More

  Training Fall training completed Need spring training
- 9. A minimum of four club officers trained during each of the two training periods

  Administration Completed
- 10. On-time payment of membership dues accompanied by the names of eight members (at least three of whom must be renewing members) for one period and ontime submission of one club officer list.

Let's keep working on our manuals and recruiting new members and we will achieve Distinguished Club status.

Are you with me?

# New Member Renee Dewell

We look forward to learning more about Renee when she gives her Ice Breaker Speech in January.

Renee works at Iowa State University. Her area of expertise is food animal, specifically beef cattle.

She lives on a small farm North and East of Nevada. She grew up all over the US and parts of Canada. She was a "Bechtol Brat". This sounds like a speech on its own.

Renee is blessed with three children: Caitlin is 17, Nicole is 16, and Nolan is 12, plus many 4 legged family members.

Goals I hope to achieve through Toastmasters: "My goal is to become a confident speaker who can effectively communicate in an interesting and engaging manner".

# Dayton Road Toastmasters Meet at Olde Main



Dayton Road Toastmasters Club met for some great conversation, good food, laughs and a few beers. The Social Event was organized by Vicki Feldman.

Members attending were Laura Carlson-Humphrey, Sharon Little, Vicki Feldman, Alta Byg, Todd Edeker, & Jaci Edeker attended. Holiday crossword and word find was provided, but finding out more about our members was the best fun.

## Laura Carlson – Humphrey Completes the Competent Communication Manual

Laura Carlson-Humphrey gave speech number 10 - Inspire your audience. Laura's speech - "Life's Secret Ingredient – According to Laura". Laura talked about keeping PASSION in your life. Congratulations Laura !!!



# PASSION P - PURPOSE A - ATTITUDE S - SINCERITY S - SACRIFICE I - INFLUENTIAL O - OWNERSHIP N - NEVER GIVE UP

It was Christmas Eve in at the meat counter and a woman was anxiously picking over the last few remaining turkeys in the hope of finding a large one. In desperation she called over a shop assistant and said, 'Excuse me. Do these turkeys get any bigger?' 'No, madam, 'he replied, 'they're all dead.'

### The Basics of Good Speech Delivery

By Vicki Feldman

Learning the basics of good speech delivery will help you become a more accomplished speaker and give you the tools to help overcome any challenges you may face.

Effective speech delivery is crucial to public speaking, as it allows you to showcase your work and communicate with confidence. If you want to become a more accomplished speaker, you can learn techniques to hold the attention of the audience and finish strong.

- 1. **Encourage your confidence:** The first basic rule of good speech delivery is to practice.
- 2. **Make a good first impression:** Appearance. You should be well-groomed, appropriately dressed, and relaxed, and be aware of your body language.
- 3. **Build rapport with your audience:** By being yourself; help your listeners relate to you by speaking with sincerity and be focused, don't try to be something you're not. Try to involve your listeners
- 4. **Hold the attention of the audience:** Speak with excitement and intelligence, Express yourself succinctly and clearly
- 5. **Finish strong:** Give the audience a chance to ask questions, but be sure to do it before your closing statement.

Read the full article by Vicki at:

http://3595.toastmastersclubs.org/downloads.html